

Leicester Athena Volleyball Club

Training Risk Assessment

This generic risk assessment identifies the common hazards and control measures associated with this type of activity.

Risk Assessment carried out by:	Paul Kaerger (club president)	September 2021
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Hazard	Risk	People at risk	Control measures	Comments/Actions	Residual Rating	Severity Rating
Qualification of staff		Participants	• Volleyball Coaching Session – must have a level 1 coaching qualification	If no qualified coach available, cancel the session	L	L
Staff: Adults/ Child ration		Participants	Volleyball Coaching Session – 1:15	Limit session sizes to ensure ratio is met	L	L
People participating who are not eligible or medically fit	Legal liability & Unknown Medical conditions	Participants	Ensure participants are eligible to participate – age, ability etc relevant to the session	Coaches to ensure participants are medically fit to participate, enquire in sensitive and confidential manner	L	L
Electrical sockets on floors and walls	Electrocution , slips, trips and falls Injury	Coaches/ Participants	Check environment before any session.	If any issues raise with venue staff.	L	M

Hazard	Risk	People at risk	Control measures	Comments/Actions	Residual Rating	Severity Rating
Manual handling		Coaches	Coaches are not expected to move equipment nor to need to handle people.	If any issues raise with venue staff.	L	L
Collision with other participants or equipment	Injury	Participants	<ul style="list-style-type: none"> • Recognised coaching methods used • Group supervision and control • Access to qualified first aider, first aid kit • Ensure posts/referee stand are padded 		L	L
Condition and access of play area		Coaches/ Participants	Check environment before any session.	If any issues raise with venue staff.	L	L
Any obstructions i.e. Benches, Chairs, Equipment, Bags surrounding the play area	Injury	Participants	<ul style="list-style-type: none"> • Ensure any obstructions are out of the field of play 	If any issues raise with venue staff.	L	L

Hazard	Risk	People at risk	Control measures	Comments/Actions	Residual Rating	Severity Rating
Child protection		Participants	<ul style="list-style-type: none"> • Clear safeguarding policy in place • Appropriate adult supervision for all sessions involving juniors • Safeguarding procedures in place to record any incidents • No access for anyone outside the club • Ensure that participants leave the play area with a buddy (to the toilets/drink/break etc) • Brief all participants before each session 	Discussed at each committee meeting to ensure we have the correct protections in place	L	M
Strains and Injuries during and after play		Participants	<ul style="list-style-type: none"> • Recognised coaching methods used • Group supervision and control • Access to qualified first aider, first aid kit 	Injury during training is the most likely risk, especially when hitting or blocking at the net. Remind players of the risk.	M	L
Weather conditions	Hyperthermia, injury, dehydration	Participants	<ul style="list-style-type: none"> • Plan session according to conditions • Ensure regular breaks for rest and refreshment • Brief participants before session 	If too cold or too warm, will cancel the session	L	M

Hazard	Risk	People at risk	Control measures	Comments/Actions	Residual Rating	Severity Rating
Fire Evacuation Procedures	Injury, burns, death	Coaches/ Participants	Coaches to ensure they know the fire evacuation procedures for each venue they use,	If any issues raise with venue staff.	L	H